



SPEAKUP CIC
INVITE YOU TO

“LISTEN UP”

POETRY – MUSIC – ART
AN EVENT TO CELEBRATE WORLD MENTAL
HEALTH DAY

DATE: SUNDAY 15 OCTOBER 2017
TIME: 1.30 TO 4.30PM
AT THE TURNER CONTEMPORARY
RENDEZVOUS, MARGATE CT9 1HG



“People start to heal the moment they feel heard”

COME AND JOIN US FOR AN AFTERNOON OF POETRY READINGS, MUSICAL PERFORMANCES AND AN EXHIBITION OF ART BY PEOPLE WHO WANT TO SHARE THEIR EXPERIENCES TO HELP RAISE AWARENESS AND REDUCE STIGMA.



FOR MORE INFORMATION CONTACT:
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